

SPINSTER KITCHENS

# Meal in a Can

## Humorous "Meal-in-a-Can" Novelty Ideas

- BLT on Toasted Rye Bread
- Charbroiled Hamburger
- Thanksgiving Turkey Dinner
- Fresh Garden Salad
- Meatless Surloin Steak
- Scrambled Eggs & Bagel
- Fluffy Pancakes & Bacon
- BBQ Roast Chicken
- Granola & Bacon Fat




SPINSTER KITCHENS

### Meal in a Can

JUST OPEN & SERVE!

BOILED FOR Purity

**Charbroiled Hamburger**  
ON TOASTED BUN WITH ALL THE FIXIN'S

ALL OF OUR WONDERFUL MEALS ARE FRIED AND BAKED FRESH - THEN BOILED FOR PURITY!

NOW YOU CAN SERVE UP A WHOLE MEAL - RIGHT OUT OF THE CAN!  
No more having to pull out pots, turn on microwaves or bother with toaster ovens! Spinster Kitchens has come up with this wonderful line of tasty wholesome meals - ready to serve right out of the can!  
Directions:  
Open can and serve.  
INGREDIENTS:  
BEEF WITH FILLER, MONOSODIUM GLUTAMATE, PETROLEUM PRODUCTS

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### Meal in a Can

JUST OPEN & SERVE!

BOILED FOR Purity

**Fresh Garden Salad**  
WITH DELICIOUS SIMULATED BACON BITS

WE CAN ALL OF OUR SALADS - FRESH FROM THE SUPERMARKET! BOILED FOR PURITY.

NOW YOU CAN SERVE UP A WHOLE MEAL - RIGHT OUT OF THE CAN!  
No more having to scrub the vegetables, fry up bacon bits and purchase salad dressing. Everything you need is right here in the can! We parboil only the freshest crisp lettuce for this healthful Spinster Kitchens product.  
Directions:  
Open can and serve.  
INGREDIENTS:  
FRESH LETTUCE, CANNED TOMATO, BEEF TALLOW, FRENCH DRESSING, AUTHENTIC SIMULATED BACON BITS, FLAVOUR, EXTRA SALT, INDUSTRIAL STRENGTH COLOR.

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### Breakfast in a Can

JUST OPEN & SERVE!

BOILED FOR Purity

**Fluffy Pancakes & Crispy Bacon**  
WITH FRESH SYRUP & PATS OF MARGARINE

ALL OF OUR BREAKFAST DISHES ARE FRIED AND BAKED FRESH - THEN BOILED FOR PURITY!

NO BOTHER TO EAT OUT FOR BREAKFAST! HERE'S EVERYTHING YOU NEED - RIGHT OUT OF THE CAN!  
Save yourself the time and expense of eating at a fancy restaurant every morning! Spinster Kitchens has come up with this wonderful line of tasty wholesome breakfasts - ready to serve right out of the can!  
Directions:  
Open can and serve.  
INGREDIENTS:  
FLUFFY PANCAKES, CONDENSED STARCH, ANIMAL FAT, CRISPY BACON, OLEOMARGARINE, MSG, SALT, SUPER HYDROGENATED TRANSFAT

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Also try our canned:  
• Fresh Scrambled Eggs with toasted bagel  
• Boiled Oatmeal with toasted bun



We only put authentic Acme Oleomargarine in all of our fine products.

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